

Tour Highlights



1. Transportation
You will be conveniently transported from Shinjuku to the Mt. Fuji 5th Station round trip in a comfortable bus. Climbing Mt. Fuji is a physically taxing activity, so be sure to rest up well before your excursion!



3. Meals & Rest
After your arrival at the Toyokan Lodge, enjoy dinner with free rice refills. Rest at the napping area at the lodge, but be aware the area is mixed-gender with allotments of only 1.6 meters of space per a person. This area is more of a place to rest your body than to get any real sleep. (*See remarks 9.)



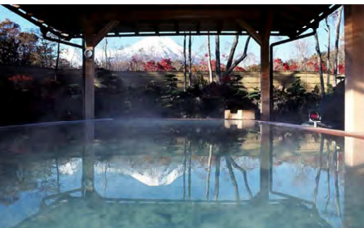
2. The Climb
Drop off your belongings at the Mt. Fuji 5th Station Rest House and enjoy lunch on your own before beginning your ascent up Mt. Fuji! Climb up the mountain under the guidance of an experienced mountain guide, while taking frequent breaks and trying to avoid any altitude sickness. If the weather is good, you may be able to look down upon the beautiful Lake Yamanaka from the 7th Station.



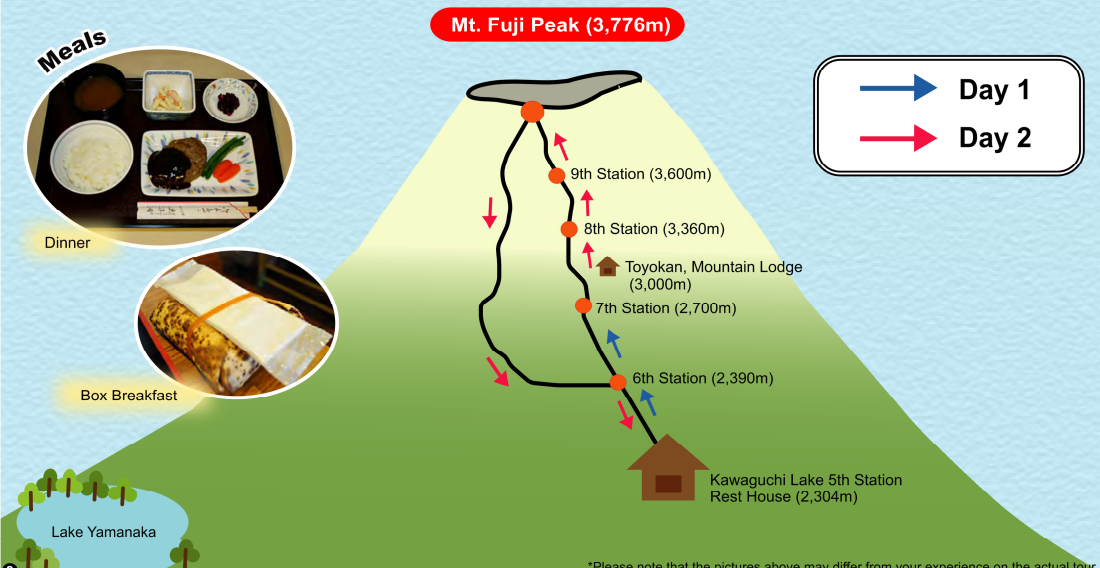
4. Unbeatable View
After you depart from the lodge in the early morning of the 2nd day, you are almost at the top! If the weather is good, you might be lucky to see a beautiful sunrise like this one from the highest point in Japan! After watching the sunrise, circle the rim of Mt. Fuji's crater (Ohachi-meguri) you will climb down the mountain.



5. Hot Springs
After returning to the 5th Station Rest House, the bus will take you to the Beni Fuji no Yu, a hot springs located in the Lake Yamanaka hot springs area. Relax in this famous hot spring while looking up at an beautiful view of Mt. Fuji. After lunch, your bus will take you back to Shinjuku, where your tour will end.



The Mt. Fuji Climb



What to Bring and Wear on the Mt. Fuji Climb

After the weather stabilizes in the summer, even beginners can climb Japan's symbolic Mt. Fuji. However, be warned, Mt. Fuji exceeds heights of 3,000 meters. Even if the lower part of the mountain is sunny, if the summit is covered in clouds, there is a chance you may run into bad weather. **We recommend fully preparing yourself against the cold and rain before climbing Mt. Fuji.**

* The below list is only a suggestion of what you should bring to Mt. Fuji. Please prepare for the trip according to the weather on the day of the climbs, your physical condition, sex, and age.

Clothing

[Protection Against the Cold]
There can be more than a 15°C difference in temperature between the 5th Station and the peak of Mt. Fuji. On top of a long-sleeved t-shirt, you should wear a warm fleece or sweater, in addition to a waterproof windbreaker to help protect yourself against the elements. Wear long pants with elasticity so you can move your knees easily. We do not recommend wearing jeans as they are inflexible and heavy.

[Change of Clothing]
Please bring clothing which not only dries easily but which you can also take on and off as necessary when you break a sweat or are rained on while climbing the mountain. Bring a plastic bag to keep them dry until use.

[Rain Gear]
Bringing rain gear which protects your upper and lower body separately is best. Do not use an umbrella on the mountain as it is dangerous.

Hats

The path from the 5th Station up the mountain is barren and without cover. There are also no clouds to protect you from direct sunlight. Bring a hat to protect your face from the sun, which will not easily blow away with the wind.

Flashlight

It is best to bring a head lamp as it leaves both of your hands free.

Backpack

Bring a bag in which you can easily and securely carry your belongings. A waterproof bag that protect your belongings from the rain is best.

Gloves

Gloves are not only helpful when climbing but also offer protection against the cold. We recommend bringing waterproof gloves as opposed to cotton gloves which do not offer protection against the cold when it rains.

Shoes

We recommend shoes that support your ankles as well as protect your feet from pebbles, such as high cut hiking boots. You cannot climb Mt. Fuji in high heels or sandals.

Other Essentials

Water Bottles
Water is extremely important on the mountain. Although water is sold at the Mt. Fuji 5th Station and the Toyokan Hut, the price is more expensive than it is away from the mountain. We recommend you bring as much water as possible for this trip.

Plastic Bags
Please bring a larger sized plastic bag to carry your trash or protect your belongings from sudden rain storms.

Hand Towel / Towels
Bring more than 3 hand towels with you to dry your hands after going to the restroom or wipe your sweat when you perspire. Towels at the hot springs the next day will require an additional fee. (Rentals 100 yen, For Sale: 200 yen)

Toilet Paper
As toilet paper is not provided in many of the restrooms on Mt. Fuji, please bring your own toilet paper.

Medicine and Food
We recommend bringing snacks such as caramel, chocolate, and candies containing salt and sugar for your trip.

100 Yen Coins
As the restrooms on Mt. Fuji are not free, we recommend bringing several 100 yen coins with you when you climb the mountain.

*Please note that the pictures above may differ from your experience on the actual tour.